



Carrot Cakes with Cream Cheese Frosting

Recipe source: Women's Weekly- The Edible Garden

Serves: 6 muffins

Fresh from the garden: Carrots, egg

Equipment:	Ingredients:
Electric mixer Muffin tin Small bowl Large bowl	 1/3 cup vegetable oil 1/3 cup caster sugar 1 egg 249 grams carrots, grated 1/4 cup finely chopped walnuts 110 grams self-raising flour 1/4 teaspoon Bi-Carb soda 1/2 teaspoon mixed spice Cream Cheese Frosting 20 grams butter, softened 60 grams cream cheese, softened 3/4 cups icing sugar

What to do:

- 1. Preheat oven to 180°C. Grease 6 holes of a muffin tin.
- 2. Beat oil, sugar and egg in small bowl with electric mixer until thick and pale. Transfer mixture to large bowl; stir in carrot, nuts and sifted dry ingredients. Spoon mixture into muffin tin; bake for 20 minutes. Stand cakes in pan for 5 minutes before turning onto wire rack.
- 3. Make cream cheese frosting. Beat Butter and cream cheese in small bowl with electric mixer until light and fluffy. Gradually beat in sifted icing sugar.
- 4. Spread cold cakes with cream cheese frosting. Serve topped with halved walnuts.